

## HEALTH ASSESSMENT: AUTISM

If the following behaviour has occurred only once or twice, or occurs rarely, mark “No”. If it has occurred regularly, or on a number of occasions, mark “Yes”.

Y N 1. Does your child enjoy physical play with you such as bouncing on your knee?

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Y N 2. Does your child show interest in other children?

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Y N 3. Does your child like climbing, including climbing up stairs?

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Y N 4. Does your child enjoy playing peek-a-boo and hide-and-seek?

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Y N 5. Does your child engage in imaginative play?

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Y N 6. Does your child point with his or her index finger to ask for something?

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Y N 7. Does your child point with his or her index finger to indicate interest in something?

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Y N 8. Does your child play imaginatively with small toys, rather than just handle them?

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Y N 9. Does your child show you or bring you things?

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Y N 10. Does your child make sustained eye contact?

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Y N 11. Is your child exceptionally sensitive to noise?

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Y N 12. Does your child smile in response to your smile?

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Y N 13. Does your child imitate your expressions or gestures?

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Y N 14. Does your child respond to his or her name?

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Y N 15. If you point at something across the room does your child look at it?

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Y N 16. Can your child walk?

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Y N 17. Does your child look at things you are looking at?

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Y	N	18. Does your child make unusual hand or finger movements, especially near his or her face?
Y	N	19. Does your child try to attract your attentions to his or her own activity?
Y	N	20. Have you ever wondered if your child has hearing loss, due to poor response to you?
Y	N	21. Does your child understand receptive language?
Y	N	22. Does your child sometimes stare at nothing, or wandering with no purpose?
Y	N	23. Does your child look at your face to monitor your reactions?

\*\*\* Y = Yes N = No

**SCORING:** The below answers that indicate abnormal development are:

1. No	5. No	9. No	13. No	17. No	21. No
2. No	6. No	10. No	14. No	18. Yes	22. Yes
3. No	7. No	11. Yes	15. No	19. No	23. No
4. No	8. No	12. No	16. No	20. Yes	

**RESULTS:** Indication of a possible disorder is characterised by: two or more inappropriate answers to questions numbered 2, 7, 13, 14 and 15. Or: three or more inappropriate answers to any of the questions.

If your scoring indicates a positive result for Autism, and you have had a diagnosis made by a psychologist/ psychiatrist/pediatrician, then a consultation with our Naturopaths can help your child improve. We are biomedically trained practitioners (DAN & MINDD), and understand the improvements children can make with the correct nutrition and supplementation. For more information on the biomedical approach to helping ASD children recover, please go to [www.mindd.org](http://www.mindd.org) and call us to make an appointment for your child... it's never too late to get started.

Ask us how... 02 9501 0326 or [christine@healthinourhands.com.au](mailto:christine@healthinourhands.com.au).