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## RECIPE: FRUIT CAKE

### INGREDIENTS:

- 1kg mixed dried fruit
- 1 cup of milk
- 1 cup of orange or pineapple juice
- 2 cups self raising flour (can use gluten free or coconut flour but may need to adjust liquid content)
- 1 cup of almond flakes
- 1 teaspoon of ginger powder
- 1 teaspoon of ground cinnamon
- 1 teaspoon of mixed spice

### METHOD:

1. Soak the dried fruit in the fruit juice or some brandy or rum (overnight or for 1-2 weeks) or simply pour some over cake after baking
2. Pre-heat oven to 170 deg C
3. Sift the flour and spices together, add to the dried fruit
4. Add all other ingredients, and mix well
5. Line a 20-23cm baking tin with baking paper, spoon in mixture, level out top gently
6. Bake for 1-1.25 hr or until skewer comes out clean